



## Questions to ask before I go home

### About my birth, treatment or breast feeding

.....  
.....  
.....

### About my medications

.....  
.....

### About caring for myself and my baby

.....  
.....  
.....

### About my follow up appointments

.....  
.....

### About home care and community supports

.....  
.....

### Other questions

.....  
.....

#### Food safety

We do not accept responsibility for food brought into the hospital for patients by visitors.

#### Alcohol

Alcohol consumption is not advised during the post-natal period, however permission for limited alcohol consumption may be given by the nurse unit manager.

#### No smoking

Smoking is strictly prohibited in the hospital.

#### Complaints

If you have any concerns please discuss these with the midwife/nurse caring for you or the nurse unit manager. If your concerns are not resolved at this level, the hospital patient liaison manager can be contacted via the hospital switchboard (or the nursing co-ordinator after hours). A patient feedback form, 'Did We Meet Your Expectations?' is also provided in each room and you may choose to use this as a means of documenting and forwarding your concerns to us.

#### Suggestions and feedback

We encourage you to complete the patient feedback form provided 'Did We Meet Your Expectations?' to assist us in improving our service. This has an adhesive seal and is addressed and reply paid for your convenience.



St Vincents & Mercy Private

**St Vincents Private**

59-61 Victoria Parade  
Fitzroy 3065

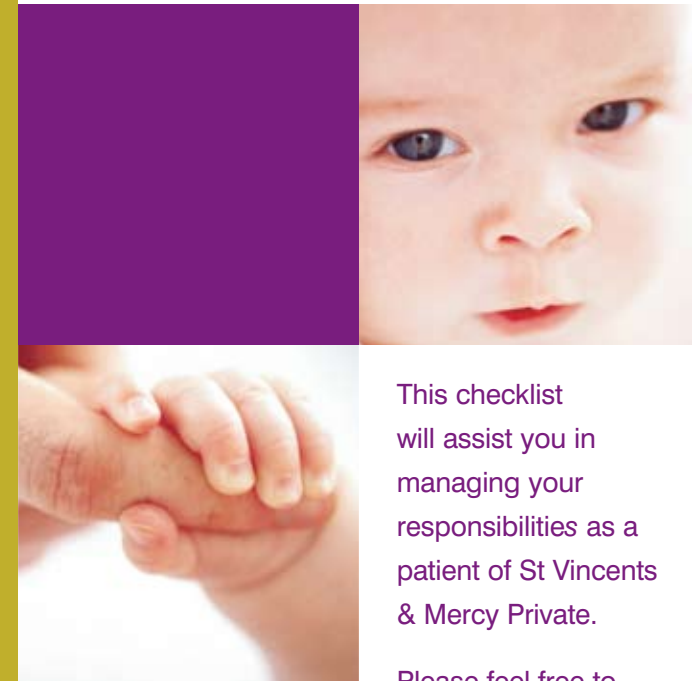
**Phone** 03 9411 7111

**www.stvincentsmercy.com.au**



St Vincents & Mercy Private

## Mother & Baby Safety Checklist



This checklist will assist you in managing your responsibilities as a patient of St Vincents & Mercy Private.

Please feel free to add information and make notes. It's yours to keep!

# Mother & Baby Safety Checklist



Doctor: .....

Floor: .....

Bed No: .....

Room Phone No: .....

(94117 + bed no.)

Welcome to St Vincents & Mercy Private. Your health and the wellbeing of your baby is our priority.

Please take a few minutes to read these important points. If you have any questions, don't hesitate to speak to our maternity staff.

## Cot photographs

You will need to provide the hospital with two passport size photographs (one of you and one of your partner or support person) to place on your baby's cot.

## ID wristbands

We will provide your partner with an ID wristband, which should be worn during your stay with us.

## Staff ID

Familiarise yourself with your midwife/nurse. All of our staff carry photo ID badges, which clearly display their name, picture and the hospital logo. If you have any concerns, please speak to the nurse unit manager.

## Keep baby in cot

When not being attended to, babies should remain in their cot. Ensure that your baby is always transported by cot.

## Keep baby in view

Keep your baby in view by placing the cot beside your bed.

## Leaving the maternity ward

When you are leaving the maternity ward, please remember to sign in and out. For reasons of safety, it is important that your baby remains on the maternity ward at all times during your stay with us.

## Privacy

Only give out information about you and your baby to people who you know and trust.

## Overnight stay register

When staying overnight, your partner needs to fill out the 'overnight stay register.' For safety reasons, children and toddlers are not permitted to stay overnight.

## Tests for your baby

Please note when tests are scheduled for your baby:

.....  
.....  
.....  
.....

## Rest periods

The maternity ward's rest period is between 11am and 12 noon daily.

For your comfort, we dim the lights during this time. Your guests will need to make arrangements to visit you during designated visiting hours.

## Visiting hours

**Maternity: between 2pm – 4pm & 7pm – 8pm daily**  
**Nursery: between 2pm – 4pm & 7.30pm – 8.30pm daily**

To allow you and your baby to get plenty of rest, we suggest visitors be kept to a minimum and restricted to closest family and friends.

## Discharge

Patients are routinely discharged by 9.30am. This allows time for rooms to be cleaned and ready for the next patient.

## Valuables

Avoid keeping money and valuables with you whilst in hospital. You are responsible for the safe keeping of any money or valuables kept in your room. There is a locked drawer in your room for you to use.

## Health and safety

To help ensure a healthy environment for you and your baby, we strongly recommend any friends and family who are unwell to avoid visiting you in hospital.

## Hand washing

Hand washing is the single most effective way to prevent the spread of infections. Our staff follow strict guidelines in relation to hand hygiene. Patients and visitors are also reminded of the importance of hand washing before and after hospital visits.